



Emotional intelligence

AIM AND OBJECTIVES OF THE PROGRAM:

Program aim:

This two-days training program allows the participants to acquire a set of principles, based on self-understanding, confidence and personal effectiveness. The approach of the change as a basis for personal and organizational transformation.

Objectives:

- Acquiring of a set of principles that will change both the way they view their lives as well as their performance on the job.
- Acquiring of more self-understanding, confidence, personal effectiveness, and their ability to handle the challenges and the opportunities of the workplace.

COMPETENCES COVERED:

After attending this training program, the participants will master the following principles:

- The integrity model
- Exercise your responsibility
- Conquer your key moments
- Clarify your vision
- Define your purpose
- Act with integrity
- Value who you are

STRUCTURE AND DURATION OF THE PROGRAM:

- The duration of the program is of **2 consecutive days** per group of participants.
- One day of training comprises 6 hours of effective work, distributed in **4 sessions** of 1 ½h.



CODECS[®]

Puterea Cunoașterii



SYSTEM CERTIFIED

➤ The daily agenda of the program:

| DAY 1 | DAY 2 |
|---------------------------------|---------------------------------|
| Session 1: 9.00 - 10.30 | Session 1: 9.00 - 10.30 |
| <i>Coffee break: 15'</i> | <i>Coffee break: 15'</i> |
| Session 2: 10.45 - 12.15 | Session 2: 10.45 - 12.15 |
| <i>Lunch break: 1+1/2 h</i> | <i>Lunch break: 1+1/2 h</i> |
| Session 3: 13.45 - 15.15 | Session 3: 13.45 - 15.15 |
| <i>Coffee break: 15'</i> | <i>Coffee break: 15'</i> |
| Session 4: 15.30 - 17.00 | Session 4: 15.30 - 17.00 |

CODECS S.A. Sediul Central:

Str. Agricultori 37-39, Cod 021482, București, sector 2

Coresp. PO BOX 62-26

Tel: +40 21 252 51 82/3/4 | Fax: +40 21 252 56 13

Capital Social Subscris Vărsat: 99.998 RON

Reg. Com. J40/25535/1993 | Cod Fiscal: RO4899270

Cont: RO19 BRDE 441S V179 2098 4410

BRD Sucursala Policolor